



## **Caring for your child's health while school is closed**

La Clinica is offering student mental health services over the phone and in video visits while schools are closed this spring. Parents can make appointments between 8 a.m. and 4 p.m. Mondays-Fridays for short-term issues or long-term counseling. The service is available in English and Spanish.

Here's how it works:

**Is this for any mental health issue or specific issues?** This service is available for kindergartners through 12<sup>th</sup>-graders. Therapists are available to work with any mental health concern and can work with families as well as individuals.

**How long are visits?** Visits are 30 to 60 minutes depending on need.

**What do visits include?** Services include a comprehensive assessment, treatment planning, individual therapy, and family therapy as needed.

**Are you able to offer long-term counseling beyond this time of closures?** La Clinica's school-based therapists offer mental health counseling all year long.

**How does payment work?** La Clinica accepts most private insurance and Oregon Health Plan and offers an income-based sliding scale for uninsured patients. Call 541-326-2964 for more information.

**How do I set up an appointment?** Call 541-494-6542 and leave a message. Therapists will return calls to set up appointments in 1-2 business days. Leave this information in your message:

- Name and phone number
- Child's name, age, and school
- Primary concern
- Insurance name

**What about medical and dental care?** While schools are closed, La Clinica is providing medical care through virtual and phone visits and at its health centers. It is also providing emergency dental care at East Medford Dental Clinic for anyone who needs it. Call us at 541-535-6239 or visit [laclinicahealth.org](http://laclinicahealth.org) to learn more.