

HEALTH/MEDICAL/COUNSELING

- Addiction Recovery Center (ARC) 541-779-1282
1003 W. Main St., Medford, OR 97501
- Children's Dental Clinic 541-789-4249
2825 E. Barnett Rd., Medford, OR 97504
- Community Health Center 541-773-3863
19 Myrtle St., Medford, OR 97501
- Compass House 541-973-2842
332 W. 6th St. Medford OR 97501
Support for those with mental illnesses
- Disability Services 541-776-6210
28 W. 6th St., Medford, OR 97501
- Jackson Co. Health Department 541-774-8200
Mental Health 541-774-8201
140 South Holly St. Medford 97501
- La Clinica 541-618-1300
Dental/ Women's Center 541-512-3900/ 541-618-1300
- Kid's Health Connection 541-842-3771
1307 W. Main St., Medford, OR 97501
- Lions Sight & Hearing 541-779-3653
228 N. Holly St., Medford, OR 97501
- On-Track 541-772-1777
221 W. Main St., Medford, OR 97501
- Phoenix Counseling Center 541-535-4133
- Planned Parenthood—Medford 541-773-8285
125 S. Central, Suite 201, Medford, OR 97501
1532 Siskiyou Blvd. Ashland OR 97520 541-482-8700
- Security Office 1-800-772-1213
3501 Excel Dr. Ste. 101, Medford, OR 97501
- Resolve (Mediation Works) 541-770-2468
33 N. Central Ave Ste., Medford OR 97504
- Phoenix Counseling Center 541-535-4133
- WinterSprings—Teen Grief Support 541-522-0621
- The Rose Network - Mentoring 541-488-2311
- The New Mom's Club—Medford 541-772-1921
Ashland 541-488-7872

Maslow Project Community Resource Guide

Maslow Project is a goal-based resource center and outreach program serving homeless youth and children.

Our mission is to offer every homeless child and youth the probability of success and the opportunity for a better life.

We do this by providing resources for basic needs, removing barriers to education and employment, and fostering self-sufficiency in a collaborative and empowering environment

Date Revised : 9/17/2015

What Families Need to
Know.....

Community Resource Guide

Emergency
Family Resources
Housing
Food/Clothing
Emergency Shelters
Health/Medical
Employment
Legal Aid/Mediation



Contact your school or call:

541-608-6868

EMERGENCY INFO

- Medford Police Dept. [Call 911](tel:5417742200) OR (541)774-2200
418 W. 8th Street. Medford OR 97501
- Help Line/Crisis Hotline 541-779-4357 (HELP)
- Oregon Poison Center 1-800-222-1222

FAMILY RESOURCES

- ACCESS Inc. 541-779-6691
3630 Aviation Way Medford, OR 97501
Rental Assistance, Energy Assistance, Veteran service, Food
- Ashland Resource Center 541-631-2235
572 Clover Ln. Ashland OR 97520
- Children's Advocacy Center 541-734-5437
816 W. 10th St., Medford OR 97501
- Shepherd of the Valley Catholic Church 541-646-7879
Eviction/Rental assistance
- Community Works 541-779-2393
201 W. Main St. Medford OR 97501
- Family Nurturing Center 541-779-5242
212 N. Oakdale Medford, OR 97501
- Jackson County Fuel Committee 541-488-2905
995 Siskiyou Blvd. Ashland OR 97520
- Kids Unlimited 541-774-3900
821 N. Riverside, Medford OR 97501
- The Medford Drop 541-946-3780
345 N Bartlett St. #102 Medford OR 97501
- Northwest Seasonal Workers 541-773-6811
203 N. Oakdale Ave. Medford, OR 97501
- The Pregnancy Resource Center 541-772-1921
2019 Aero Way #103 Medford OR 97501

EMPLOYMENT

- Employment Department 541-776-6060
119 N. Oakdale, Medford, OR 97501
- Job Corps 1-800-733-JOBS/ 541-282-0502
897 Royal Ave. D, Medford, OR 97501
- Job Council 541-776-5100
Workforce resources
35 S. Bartlett Rd., Medford, OR 97504
- Southern Oregon Goodwill Industries 541-772-3300
11 W. Jackson St., Medford, OR 97501

LOW-INCOME HOUSING

- Barnett Townhomes 541-858-8867
1852 E. Barnett Rd., Medford, OR 97504
- Glenridge Terrace Apartments 541-779-8393
690 Black Oak Dr., 51, Medford, OR 97504
- Housing Authority Jackson Co. 541-779-5785
2251 Table Rock Rd., Medford, OR 97501
- Medford Better Housing 541-772-4180
1118 Spring St., Medford, OR 97504
- Rogue Retreat 541-499-0880
529 N Riverside, Medford, OR 97501
- Sky Vista Apartments 541-245-9218
1916 Homeview Dr., Medford, OR 97504
- Steven's Place Apartments 541-857-0616
1105 Stevens St., Medford, OR 97504

FOOD/CLOTHING

- Ashland Emergency Food Bank 541-488-9544
560 Clover Ln. Ashland OR 97520
- First Presbyterian Church of Medford 541-779-1711
Tues. 2-3:30pm
85 S. Holly St., Medford, OR 97501
- Medford Gospel Mission 541-779-1597
Dinner daily 5 pm, Breakfast 8:30, Lunch 12:30 & Clothing Closet
125 W. Jackson
- Salvation Army 541-772-8149 / 541-773-6965
Utilities, social serv., shelter, food—Tue-Fri 9-3:00
922 N. Central, Medford, OR 97501
- Self-Sufficiency/DHS 541-776-6172
673 Market Street, Medford, OR 97504
- St. Mark's Episcopal Church 541-773-3111
Thurs. 1-2:30pm
5th & Oak, Medford, OR
- St. Vincent de Paul 541-772-3828
Food served—Mon-sat 11-1:00, Pantry 3rd & 4th Fri. 10-1:00
2424 N. Pacific Hwy., Medford, OR 97501
- Table Rock Food Pantry 541-770-9116
Wed. 10-1:30pm, Sat. 10-12:30pm
2990 N. Pacific Hwy., Medford, OR 97501
- Uncle Foods Diner
Free community dinner—Tuesdays 4:30-5:30
175 North Main Street, Ashland

EMERGENCY SHELTERS

- Dunn House 541-779-4357
--Hispanic Serv. 541-779-2393 x209
Shelter, food, utilities
201 W. Main, Medford, OR 97501
- Hearts with a Mission 541-646-7385
521 Edwards, Medford, OR 97501
- Magdalene Home 541-773-5040
Pregnant or parenting teens
12 Black Oak Dr., Medford, OR 97501
- Men's Gospel Mission 541-779-1597
Men 18 and older
125 W. Jackson St., Medford, OR 97501
- National Runaway Switchboard 1-800.RUNAWAY
Confidential, available 24 hours, 365 days a year
- Salvation Army HOPE House 541-773-7005
Family Shelter
1065Crews Rd., Medford, OR 97501
- St. Anthony Shelter—St. Vincent de Paul 541-772-3828
Family shelter
2424 N. Pacific Hwy., Medford, OR 97501
- Women's Gospel Mission 541-772-2931
Women & Children
534 N. Bartlett St., Medford, OR 97501
- Center for Non-Profit Legal Services 541-779-7292
225 W. Main St., Medford, OR 97501
- Consumer Credit Counseling 541-779-2273
820 Crater Lake Ave. 202, Medford, OR 97504
- Jackson County Courts 541-776-7171
10 S. Oakdale Ave., Medford, OR 97501
- Jackson County District Attorney 541-774-8181
15 W. 10th St., Medford, OR 97501
- Jackson County Victims Assistance Office 541-774-8187
715 W. 10th St., Medford, OR 97501
- Medford Division of Child Support 541-776-6043
310 E. 6th St., Medford, OR 97501

LEGAL AID